

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: RSCM

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Van Den Broeck Maya HEADCOACH

Coaches: De Maerschalck Ella

Coaches: Haesen Sebastian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MIXED 10-9			Heat:2, starttime: 09:00
Heat: 2/4 Lane : 3 Athlete: COOREMAN ANNA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:1, starttime: 09:55
Heat: 1/11 Lane : 8 Athlete: GEENTJENS KOBE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:18.28 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:1, starttime: 10:15
Heat: 1/18 Lane : 3 Athlete: MEERBERGEN FLO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:48.96 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:2, starttime: 10:20
Heat: 2/18 Lane : 4 Athlete: VAN BEYLEN FLORA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:02.14 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:6, starttime: 10:30
Heat: 6/18 Lane : 4 Athlete: OP DE BEECK MONA			Q-time: 01:44:86
PB (50m pool): 01:44.86 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:39.20 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.85	01:44.86	
	00:49.85	00:55.01	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:6, starttime: 10:30
Heat: 6/18 Lane : 6 Athlete: DOUWEN ALEXIA			Q-time: 01:45:50
PB (50m pool): 01:45.50 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:42.06 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.60	01:45.50	
	00:51.60	00:53.90	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:6, starttime: 10:30
Heat: 6/18 Lane : 9 Athlete: AVONTS ILENA			Q-time: 01:48:61
PB (50m pool): 01:48.61 Olympic Pool Wezenberg, Antwer 30/05/2025			PB (25m pool): 01:54.89 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.38	01:48.61	
	00:51.38	00:57.23	
			

Coach feedback:

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Event number: 5: 100M FREESTYLE MEN 11-16			Heat:1, starttime: 10:55
Heat: 1/19 Lane : 3 Athlete: VAN LENT DAMAN SAM			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:24.35 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:1, starttime: 10:55
Heat: 1/19 Lane : 7 Athlete: PROVOST VIKTOR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:19.66 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:2, starttime: 10:55
Heat: 2/19 Lane : 1 Athlete: COOREMAN VIKTOR			Q-time: 99:99:99
PB (50m pool): 01:20.65 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:13.96 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.13	01:20.65	
	00:36.13	00:44.52	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:2, starttime: 10:55
Heat: 2/19 Lane : 6 Athlete: PROVOST OSCAR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:45.35 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 5: 100M FREESTYLE MEN 11-16			Heat:3, starttime: 11:00
Heat: 3/19 Lane : 9 Athlete: VAN DEN EYNDE BOAZ			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 01:25.90 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:4, starttime: 11:00
Heat: 4/19 Lane : 5 Athlete: VAN DEN WYNGAERT AXL			Q-time: 01:25:87
PB (50m pool): 01:25.87 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:21.18 SB: no time			
	5 0 M	1 0 0 M	
PB	00:41.30	01:25.87	
	00:41.30	00:44.57	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:4, starttime: 11:00
Heat: 4/19 Lane : 6 Athlete: STERCKX WARRE			Q-time: 01:26:72
PB (50m pool): 01:26.72 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:33.64 SB: no time			
	5 0 M	1 0 0 M	
PB	00:41.26	01:26.72	
	00:41.26	00:45.46	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:6, starttime: 11:05
Heat: 6/19 Lane : 2 Athlete: LAUWERS KAMIEL			Q-time: 01:20:02
PB (50m pool): 01:20.02 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:17.34 SB: no time			
	5 0 M	1 0 0 M	
PB	00:37.89	01:20.02	
	00:37.89	00:42.13	
			

Coach feedback:

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Event number: 5: 100M FREESTYLE MEN 11-16			Heat:6, starttime: 11:05
Heat: 6/19 Lane : 9 Athlete: CLAESSENS LARS			Q-time: 01:20:61
PB (50m pool): 01:20.61 Olympic Pool Wezenberg, Antwer 30/05/2025 PB (25m pool): 01:13.76 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.88	01:20.61	
	00:38.88	00:41.73	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:8, starttime: 11:05
Heat: 8/19 Lane : 8 Athlete: LAUWERS RUBEN			Q-time: 01:15:30
PB (50m pool): 01:15.30 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:12.90 SB: no time			
	5 0 M	1 0 0 M	
PB	00:33.94	01:15.30	
	00:33.94	00:41.36	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:12, starttime: 11:15
Heat: 12/19 Lane : 2 Athlete: GEENTJENS KOBE			Q-time: 01:07:26
PB (50m pool): 01:07.26 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:04.66 SB: no time			
	5 0 M	1 0 0 M	
PB	00:32.54	01:07.26	
	00:32.54	00:34.72	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:12, starttime: 11:15
Heat: 12/19 Lane : 4 Athlete: DE MAERSCHALCK POL			Q-time: 01:07:07
PB (50m pool): 01:07.07 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:05.73 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.48	01:07.07	
	00:31.48	00:35.59	
			

Coach feedback:

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Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:1, starttime: 11:25
Heat: 1/21 Lane : 6 Athlete: DOUWEN ALEXIA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:24.64 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:2, starttime: 11:30
Heat: 2/21 Lane : 1 Athlete: MEERBERGEN FLO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:29.82 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:2, starttime: 11:30
Heat: 2/21 Lane : 3 Athlete: VAN BEYLEN FLORA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:26.03 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:2, starttime: 11:30
Heat: 2/21 Lane : 8 Athlete: OP DE BEECK MONA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:22.18 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 6: 100M BACKSTROKE WOMEN 11-16				Heat:2, starttime: 11:30
Heat: 2/21 Lane : 9 Athlete: MEYSMANS AXELLE				Q-time: 99:99:99
PB (50m pool): 01:46.10 Izegem 25/06/2022		PB (25m pool): 01:22.07 SB: no time		
	5 0 M	1 0 0 M		
PB	no time	01:46.10		
	no time			
				

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16				Heat:3, starttime: 11:30
Heat: 3/21 Lane : 9 Athlete: AVONTS ILENA				Q-time: 99:99:99
PB (50m pool): 01:57.24 Izegem 25/06/2022		PB (25m pool): 01:23.04 SB: no time		
	5 0 M	1 0 0 M		
PB	no time	01:57.24		
	no time			
				

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9				Heat:2, starttime: 12:15
Heat: 2/4 Lane : 4 Athlete: COOREMAN ANNA				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:1, starttime: 12:25
Heat: 1/11 Lane : 3 Athlete: COOREMAN VIKTOR					Q-time: 99:99:99
PB (50m pool): 03:19.49 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 03:04.98 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.50	01:37.42	02:33.62	03:19.49	
	00:46.50	00:50.92	00:56.20	00:45.87	
					

Coach feedback:

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Event number: 8: 200M MEDLEY MEN 11-14					Heat:2, starttime: 12:30
Heat: 2/11 Lane : 5 Athlete: STERCKX WARRE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:3, starttime: 12:30
Heat: 3/11 Lane : 3 Athlete: LAUWERS KAMIEL					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:14.14 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:3, starttime: 12:30
Heat: 3/11 Lane : 8 Athlete: CLAESSENS LARS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:3, starttime: 12:30
Heat: 3/11 Lane : 9 Athlete: VAN DEN EYNDE BOAZ					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: RSCM

Event number: 8: 200M MEDLEY MEN 11-14					Heat:4, starttime: 12:35
Heat: 4/11 Lane : 9 Athlete: VAN DEN WYNGAERT AXL					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:10, starttime: 13:00
Heat: 10/11 Lane : 7 Athlete: DE MAERSCHALCK POL					Q-time: 02:49:43
PB (50m pool): 02:49.43 Eindhoven 16/02/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.23	01:21.94	02:12.50	02:49.43	
	00:36.23	00:45.71	00:50.56	00:36.93	
					

Coach feedback: